

MENTAL HEALTH CONNECTED

4 Hour Workshop/Training

A mental health workshop to benefit those who interact directly with fund members and employers where participants will:

Develop the skills to identify common signs of mental illness, suicidal behaviour and/or distress.



Learn to connect the dots to identify red flags and risk factors in member behaviour.



Learn best practice approaches for communicating with members at risk of suicide.



This workshop is facilitated by a qualified clinical trainer and supported by mental health educators that have a “lived experience”. The workshop also includes case studies and role plays that replicate the types of enquiries managed by super fund call centres.

HOW TO BOOK

For further information about the **SuperFriend Mental Health Connected** training or to make a booking, please contact:

Deborah Kennedy – Program Development Manager

Ph: 03 9657 4225 Email: deborah@superfriend.com.au Web: www.superfriend.com.au

*Free for participating **SuperFriend** funds, insurers and administrator teams.*

Training
delivered by:

Remind
Mental Health
Training & Education



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TRAIN THE CHAMPION

Train The Champion 6 Hour Workshop

An intensive skill based Train the Trainer style workshop for "Mental Health Connected Workplace Champions." Participants that attend this workshop will learn how to:

Assist other team members to identify common red flags and risk factors of suicidal behaviour.



Be a role model in applying best practice approaches for communicating with members at risk of suicide.



Facilitate debriefing for team members dealing with suicidal callers.



This workshop is facilitated by a qualified clinical trainer and supported by mental health educators that have a "lived experience". The workshop also includes case studies and role plays that replicate the types of enquiries managed by super fund call centres.

A pre-requisite for this course is the **Mental Health Connected** training.

HOW TO BOOK

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